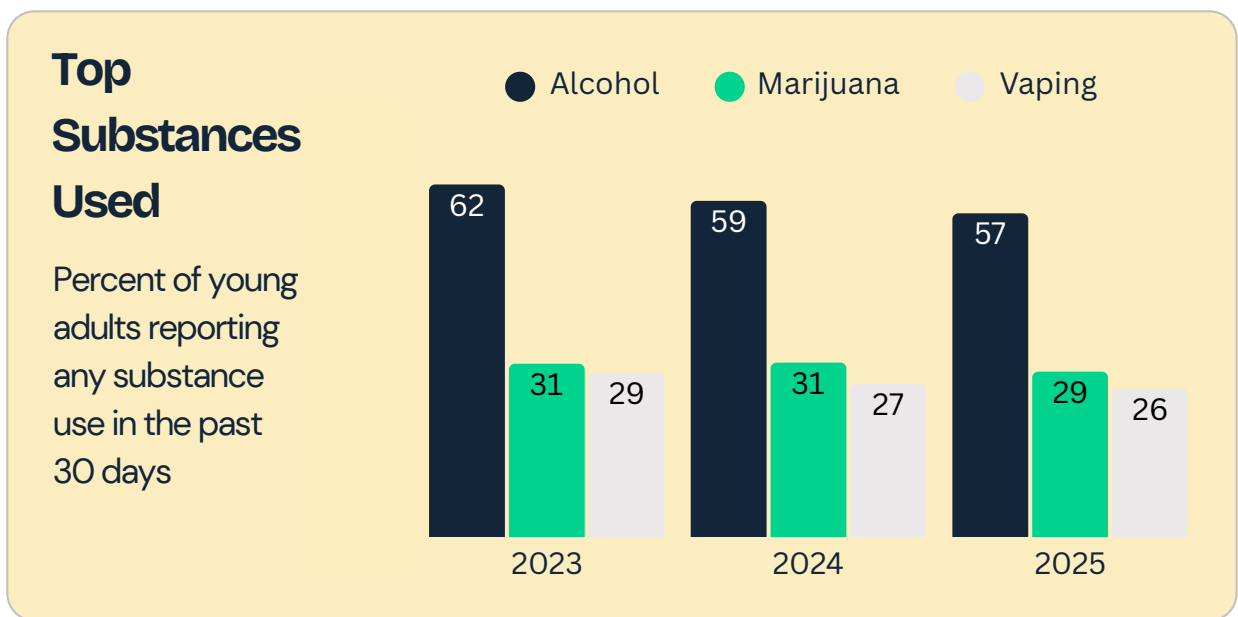





# What Young Adults Said about Substance Use



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**Alcohol** is the highest substance used, but reported use decreased over the past two years, with **57.2%** of young adults reporting use in the past 30 days in 2025.
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 The percentage of young adults reporting **Marijuana** use in the past 30 days remained about the same in 2025 at **29.2%**.
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**Vaping** is showing a gradual decline. In 2025, **26.2%** of young adults said they used e-cigarettes/vaped in the past 30 days.

