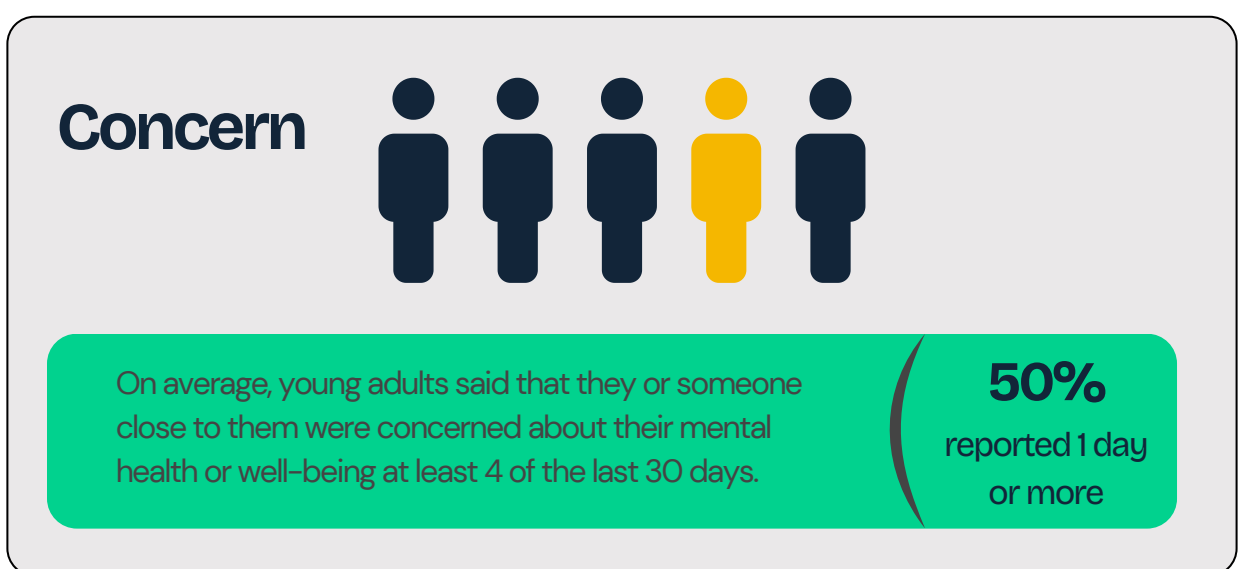
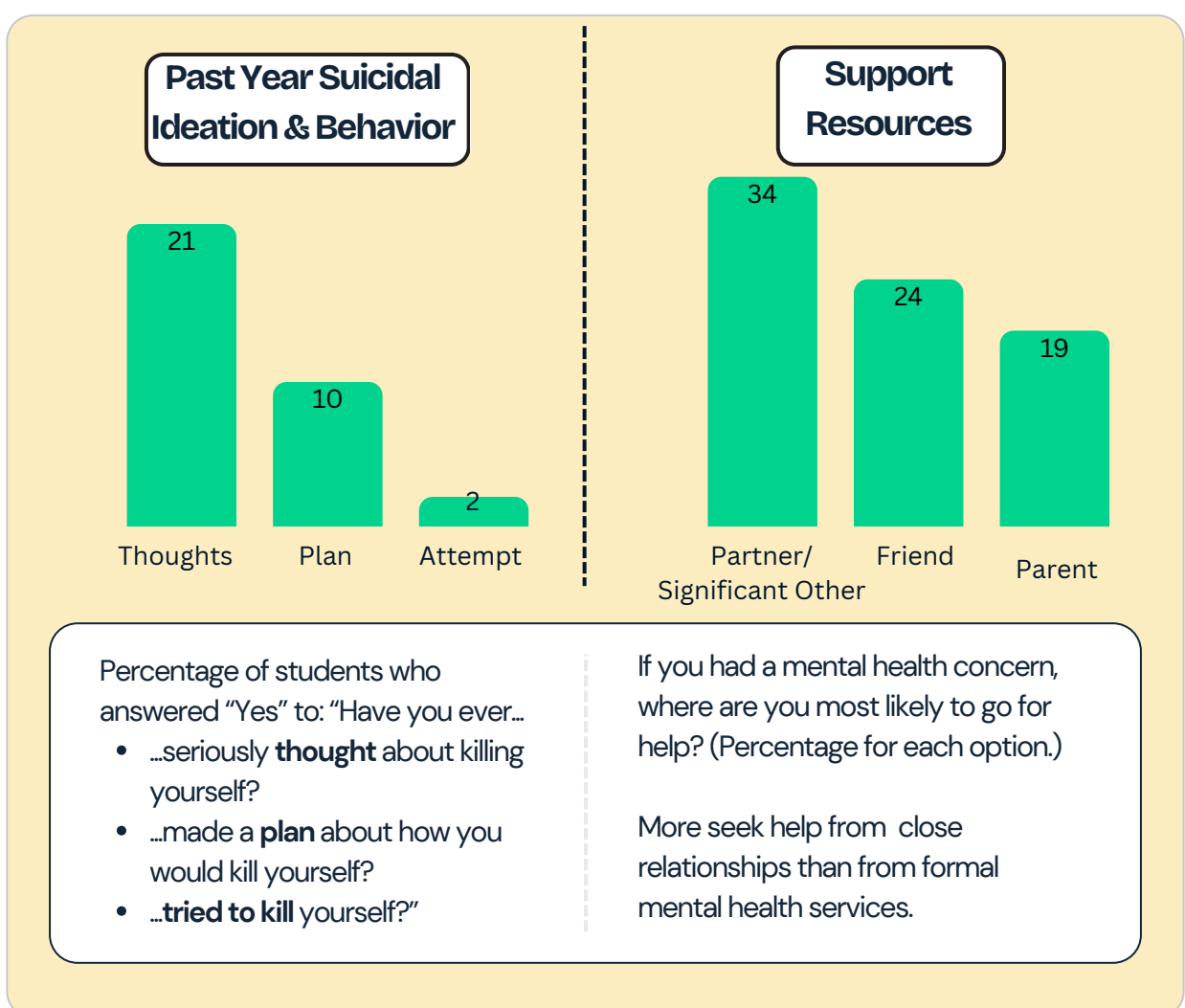
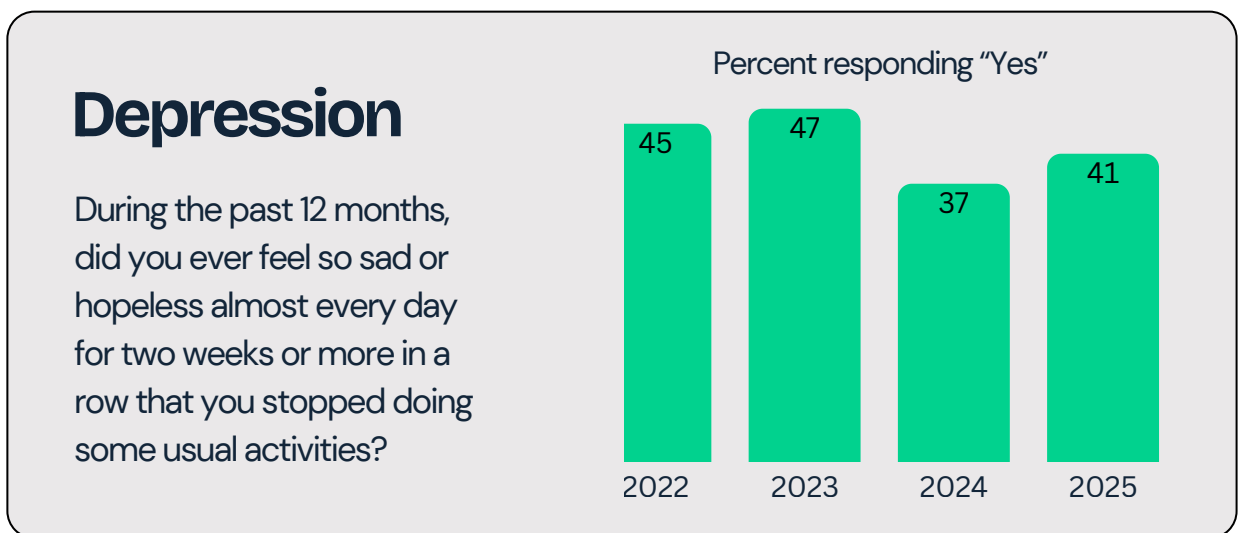


What Young Adults Said about Their Mental Health

On average, Kansas young adults reported:

- Their mental health was not good 10 of the past 30 days.
- They or someone else was concerned about their emotional health 4 days of the past 30.



61% Activity Negatively Affected by Health

Respondents reported an average of 4.5 days of poor physical health and 10.6 days of poor mental health in the past 30 days.