What Young Adults Said about Substance Use

Top Alcohol Marijuana Vaping Substances Used 59 Percent of young adults reporting 35 any substance 31 31 29 27 use in the past 24 30 days 2022 2023 2024



 Alcohol is the highest substance used, but reported use decreased over the past two years, with 59.4% of young adults reporting use in the past 30 days in 2024.



 The percentage of young adults reporting Marijuana use in the past 30 days remained about the same in 2024 at 30.8%.



• **Vaping** showed a 2 percentage point reduction in 2024, reversing an upward trend, with **27.3%** of young adults reporting 30-day use.









