

Summary of KCTC Student Survey Responses for Sexual Orientation & Gender Identity Demographics

2024



Kansas Communities That Care Student Survey

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2024

THANK YOU TO THE CONTRIBUTORS OF THIS REPORT: Carey Bush Lisa Chaney Kelly Peak Dr. Farzana Sultana

We would like to thank Dr. Jennifer Pearson and Dr. Lisa Pelkey for their expertise and guidance through the preparation of this report.



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TRIGGER WARNING:

This report contains data about adolescent suicide, depression, bullying, and personal safety.

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BACKGROUND

In January 2021, the Kansas Department of Aging and Disability Services (KDADS) approved the addition of two optional modules to collect demographic data regarding sexual orientation and gender identity (SOGI) on the Kansas Communities That Care (KCTC) Student Survey. Changes were implemented for the 2021-2022 survey administration.

SOGI demographic questions presented in the pilot were based on best practices for asking adolescents these questions at the time. The Learning Tree Institute (LTI) at Greenbush researchers reviewed the literature to identify validated SOGI demographic questions suitable for adolescents ages 10-18. However, few studies were found which demonstrated both reliability and validity and offered guidance regarding how to measure SOGI demographics among this exact age range.

Currently, LTI follows guidance from experts in the field of SOGI as outlined in the 2022 Kansas Communities That Care (KCTC) Student Survey: Sexual Orientation and Gender Identity (SOGI) Item Selection report, the 2022 Kansas Communities That Care (KCTC) Student Survey: Sexual Orientation and Gender Identity (SOGI) Expert Roundtable report, and the 2022 Kansas Communities That Care (KCTC): Language of the 21st Century student focus group project.

The research team at LTI analyzes and evaluates the use of appropriate SOGI terminology annually. Question language and response options for SOGI are revised as developments are made and verified through literature review.

Demographic items presented on the 2023-2024 KCTC Student Survey are included on page three. An additional reference document is included on page four clarifying SOGI terminology and current definitions used by the Centers for Disease Control.

PARTICIPATION IN OPTIONAL SOGI MODULES

Approximately 3,000 students responded to demographic questions regarding their sexual orientation and gender identity. The complete methodology is described in the KCTC 2022 Sexual Orientation and Gender Identity Pilot Methodology.

Nearly two-thirds - 179 of 286 (63%) - of Kansas districts participated in the 2023-2024 KCTC Student Survey. Among participating districts, 24 of 179 (13%) elected to include optional SOGI demographic questions.

DISTRICT PARTICIPATION



13% of participating districts included SOGI questions

Approximately 22% of the total eligible 6th , 8th , 10th and 12th grade students in Kansas (n=32,904) participated in the KCTC 2024 survey. Approximately 2% of the total eligible Kansas students participated in optional SOGI modules for the 2024 KCTC survey.

LIMITATIONS OF CURRENT DATA

Not all school districts administered the SOGI optional modules, and the convenience sampling method may limit the generalization of data to all students. Data in this summary represents approximately 3,000 students who participated.

SOGI language is continually changing. It is always a language limitation, and the LTI research team is continually monitoring prevailing practices and terminology.

Data collected in the Summary of KCTC Student Survey Responses for SOGI Demographics 2024 shows patterns similar to the published research. KCTC SOGI demographic questions were originally modeled after Child Trends research and similar items asked on the Youth Risk Behavior Survey (YRBS) administered by the Centers for Disease Control (CDC) in 2021.

OVERVIEW

This summary report includes a descriptive illustration of how LGBT+ students surveyed responded to behavioral health and other questions compared to students who reported they are straight or cisgender, respectively. Data are presented only at the state level.



TRIGGER WARNING:

This report contains data about adolescent suicide, depression, bullying, and personal safety.

CONTACT OR FOLLOW US FOR MORE INFORMATION



620.724.6281, ext. 366





kctc@greenbush.org



@KCTCStudentSurvey

SOGI Demographics Survey Items

Sexual Orientation

Which of the following best describes your sexual orientation?

- o Straight
- o Gay or lesbian
- o Bisexual
- o Questioning or not sure
- o Other (optional write-in)
- o I do not know what this question is asking

Gender Identity

What sex were you assigned at birth?

- o Male
- o Female

What is your current gender identity, even if it is different than the gender you were assigned at birth?

- o Boy or Man
- o Girl or Woman
- o Nonbinary
- o Questioning or not sure
- o Other (optional write-in)

Chaney, L., Pelkey, L.M., Sultana, F., & Williams, A. (April 2022). Kansas Communities That Care (KCTC) Student Survey: Sexual Orientation and Gender Identity (SOGI) Item Selection. Learning Tree Institute.

Depression & Suicide Survey Items

The following survey questions were designed to assess potential suicidal behavior among youth. To ensure clarity and accessibility, the language in the survey aligns with the Youth Risk Behavior Survey (YRBS). The word "suicide" was not used in the survey, as it is considered an upper-tier vocabulary term that some younger respondents may not fully understand. However, the term "suicide" was utilized in this report to align with the recommendations of 988, Headquarters, and other recognized experts in the field for standardized reporting practices.

Depression

During the PAST 12 MONTHS, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities. o No

o Yes

Suicide

Have you ever seriously thought about killing yourself?

- o No /Never
- o Yes, in the past 30 days
- o Yes, in the past 12 months
- o Yes, over one year ago

Have you ever made a plan about how you would kill yourself?

- o No /Never
- o Yes, in the past 30 days
- o Yes, in the past 12 months
- o Yes, over one year ago

Have you ever tried to kill yourself?

- o No /Never
- o Yes, in the past 30 days
- o Yes, in the past 12 months
- o Yes, over one year ago

SOGI Terminology

Sexual Orientation

Straight or Heterosexual

A man who is primarily attracted to women or a woman who is primarily attracted to men

Gay or Lesbian

A person who is attracted primarily to members of the same gender

Bisexual

A person who is attracted to both people of their own gender and other genders

Questioning or not sure

A person who is in the process of exploring and discovering one's own sexual orientation, gender identity, or gender expression

Gender Identity

Cisgender Individuals whose current gender identity is the same as the sex they were assigned at birth

Transgender

Individuals whose current gender identity differs from the sex they were assigned at birth

Nonbinary Individuals who do not identify their gender as male or female

Questioning or not sure

A person who is in the process of exploring and discovering one's own sexual orientation, gender identity, or gender expression

Terms listed are referenced from the Centers for Disease Control's (CDC) Division of Adolescent and School Health Considerations for LGBTQ Youth. Definitions are cited by CDC from APA's Definitions Related to Sexual Orientation and Gender Diversity and the World Health Organization's glossary of terms and tools. Last reviewed: December 2, 2024.

https://cdc.gov/healthyyouth/terminology/sexual-and-gender-identityterms.htm#:~:text=Gender%20Identity%3A%20An%20individual's%20sense,%2C%20female)%20assigned%20at% 20birth.

Retrieved December 2, 2024

INFOGRAPHICS

The infographics in the following section highlight the most prevalent, high-risk behaviors reported by 6th, 8th, 10th, and 12th grade students who responded on the SOGI demographic items on the 2024 Kansas Communities That Care Student Survey.

Infographics may be printed and shared by your organization in an effort to bring awareness.

Data reflect responses from students surveyed who responded to each question and reported sexual orientation and/or gender identity.

The combination of demographic groups displayed is due to the low number of participants in each group disaggregated and to aid in visualizations.

The acronym LGBT+ is used to represent students reporting gay or lesbian, bisexual, or questioning or not sure when asked about their sexual orientation; and individuals who report their gender identity as transgender, nonbinary, or questioning or not sure.

SOGI Demographics

Sexual Orientation & Gender Identity (SOGI) Demographics

as reported by students surveyed KCTC 2024





GAY OR LESBIAN

7% BISEXUAL







96% CISGENDER

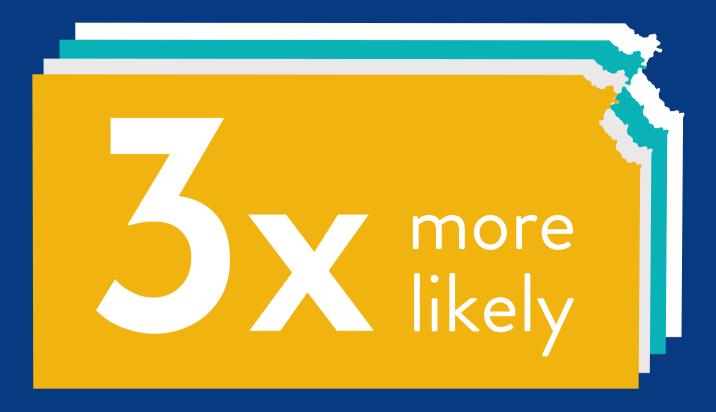
1% TRANSGENDER



QUESTIONING OR NOT SURE



Percentages are rounded and may not equal 100%. Of the students responding to sexual orientation questions, in addition to those reported on this page, 2.5% did not know what the question was asking and .5% did not provide a valid response.



Students surveyed in Kansas who identify as

TRANSGENDER + NONBINARY

are at least three times more likely to report experiencing suicidal ideation & behaviors than cisgender students

Seriously thought about suicide Made a plan about suicide

Attempted suicide







Students surveyed in Kansas who identify as NONBINARY



more likely to attempt suicide

than students who identify as cisgender

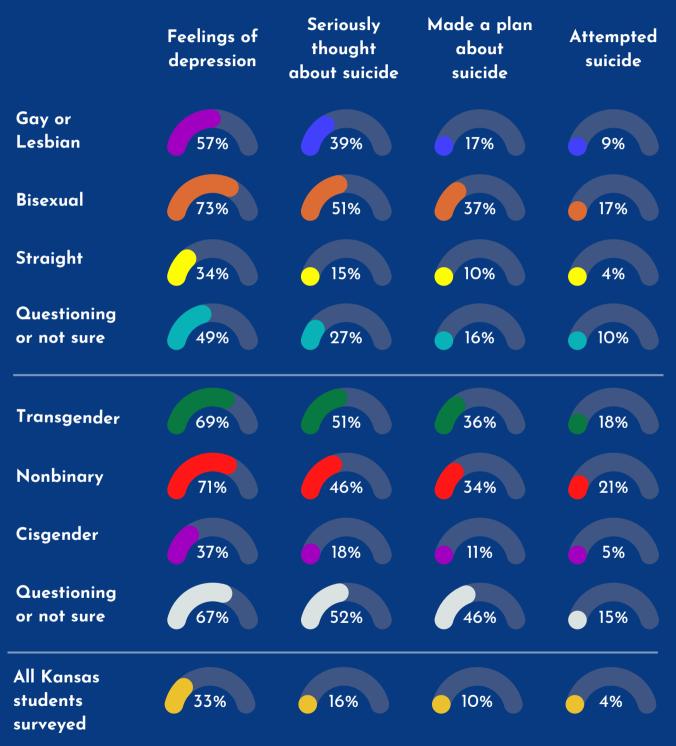
Individuals who identify as nonbinary do not exclusively identify their gender as male or female





Higher levels of depression, and suicidal ideation & behaviors were reported by Kansas students surveyed who identified as LGBT+

Percentage of students surveyed reporting "yes" during the past 12 months



*LGBT+ = gay or lesbian, bisexual, transgender, nonbinary, and questioning or not sure.





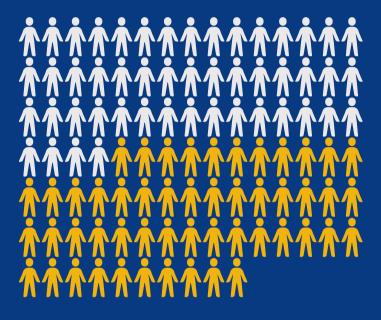


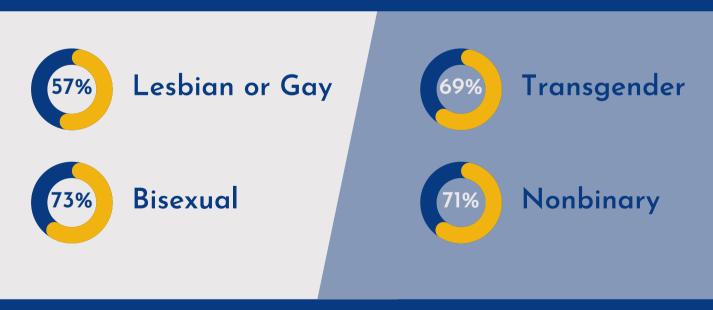
More than HALF 50%

of students surveyed who identify as LGBT+ reported they

EXPERIENCED FEELINGS OF DEPRESSION

during the past year





*LGBT+ = lesbian or gay, bisexual, transgender, nonbinary, and questioning or not sure.

Kansas



students surveyed who identified as

are more likely to report feeling unsafe

35%

LGB+ compared to 15% of straight kids MISSED SCHOOL AT LEAST ONCE BECAUSE THEY FELT UNSAFE, UNCOMFORTABLE, OR NERVOUS

AT SCHOOL

39%

TRANSGENDER + NONBINARY compared to 17% of cisgender kids

19%

LGB+ compared to 9% of straight kids MISSED SCHOOL AT LEAST ONCE BECAUSE THEY FELT UNSAFE, UNCOMFORTABLE, OR NERVOUS

ON THEIR WAY TO/

FROM SCHOOL



TRANSGENDER + NONBINARY compared to 9% of cisgender kids

31%

LGB+ compared to 12% of straight kids DON'T FEEL SAFE

AT SCHOOL



TRANSGENDER + NONBINARY compared to 13% of cisgender kids

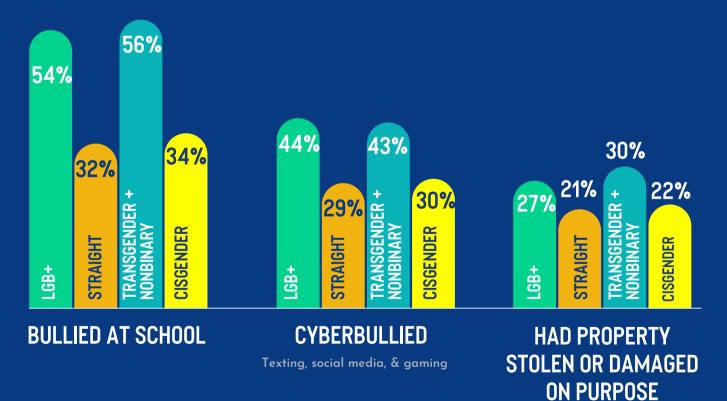
*LGBT+ = lesbian or gay, bisexual, other, transgender, and nonbinary. *LGB+ = lesbian or gay, bisexual, and other.



KANSAS STUDENTS SURVEYED WHO IDENTIFIED AS

LGBT+experienced higher levels of

bulying



*LGBT+ = lesbian or gay, bisexual, other, transgender, and nonbinary. *LGB+ = lesbian or gay, bisexual, and other.





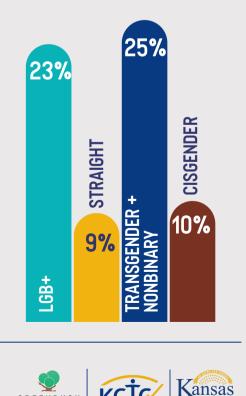
Kansas students surveyed who identified as

GBT + experiencing od insecur

>> twice as much as straight or cisgender students

AT LEAST ONCE A MONTH

... worried that food at home would run out before their family got money to buy more

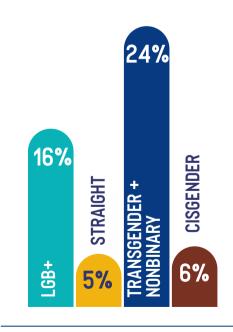


<u>kctcdata.org</u>

GREENBUSH

()

... skipped a meal because their family didn't have enough money for food



*LGBT+ = lesbian or gay, bisexual, other, transgender, and nonbinary. *LGB+ = lesbian or gay, bisexual, and other.



Comparison Data

The infographics in the following section highlight the most prevalent, high-risk, behaviors reported by 6th, 8th, 10th, and 12th grade students who responded on the SOGI demographic items on the 2024 Kansas Communities That Care Student Survey.

Data reflect responses from students surveyed who responded to each question and reported sexual orientation and gender identity. Data is displayed using the language presented on the survey.

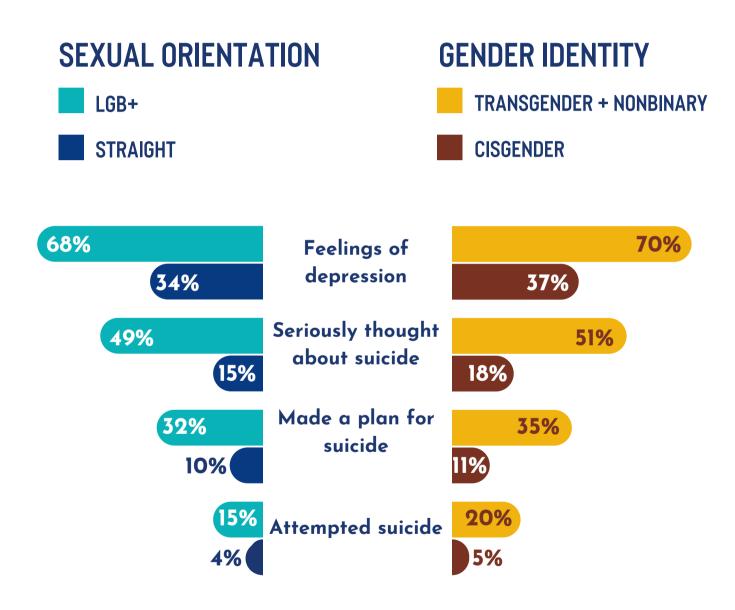
The combination of demographic groups displayed is due to the low number of participants in each group disaggregated and to aid in visualizations.

The acronym LGBT+ is used to represent students reporting gay or lesbian, bisexual, or questioning or not sure when asked about their sexual orientation and individuals who report their gender identity is transgender, nonbinary, or questioning or not sure.

This report also uses the acronym LGB+ when reporting gay or lesbian, bisexual and other sexual orientation. It does not include questioning or not sure.

DEPRESSION, SUICIDAL IDEATION & BEHAVIORS DURING THE PAST YEAR

Percentage of students surveyed who reported feelings of depression or suicidal thoughts, plans, or attempts sorted by SOGI demographics



*LGB+ = lesbian or gay, bisexual, and other.

DEPRESSION, SUICIDAL IDEATION & BEHAVIORS DURING THE PAST YEAR

Percentage of students surveyed who reported feelings of depression or suicidal thoughts, plans, or attempts in the past year sorted bySOGI demographics

SEXUAL ORIENTATION

DEPRESSION, SUICIDAL IDEATION & BEHAVIORS	STRAIGHT	LGB+ *	LESBIAN OR Gay	BISEXUAL	QUESTIONING or not sure
FEELINGS OF DEPRESSION	34.0	68.0	57.4	72.5	48.7
SERIOUSLY THOUGHT ABOUT Suicide	15.3	48.5	39.1	51.3	27.3
MADE A PLAN FOR SUICIDE	9.8	32.2	17.0	36.6	15.6
ATTEMPTED SUICIDE	3.7	14.9	8.5	16.7	10.3

*LGB+ = lesbian or gay, bisexual, and other.

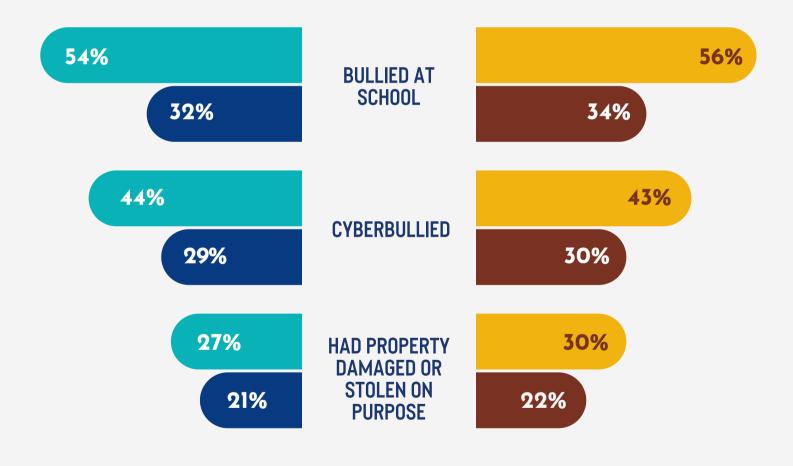
GENDER IDENTITY

DEPRESSION, SUICIDAL IDEATION & Behaviors	CISGENDER	TRANSGENDER + Nonbinary	TRANSGENDER	NONBINARY	QUESTIONING or not sure
FEELINGS OF DEPRESSION	36.7	70.1	69.2	71.1	66.7
SERIOUSLY THOUGHT ABOUT Suicide	17.7	51.3	56.4	45.9	51.5
MADE A PLAN FOR SUICIDE	11.1	35.1	35.9	34.2	45.5
ATTEMPTED SUICIDE	4.5	19.5	17.9	21.1	15.2

BULLYING AT LEAST ONCE A MONTH



Percentage of students surveyed who reported experiencing bullying at least once a month sorted by SOGI demographics



*LGB+ = lesbian or gay, bisexual, and other.

BULLYING

Percentage of students surveyed who reported experiencing bullying at least once a month sorted by SOGI demographics

SEXUAL ORIENTATION

BULLYING	STRAIGHT	LGB+ *	LESBIAN OR Gay	BISEXUAL	QUESTIONING or not sure
BULLIED AT SCHOOL	32.3	53.7	54.3	54	39.2
CYBERBULLIED Through text, social media, or gaming	28.9	44.4	41.3	47.4	27.8
HAD PROPERTY STOLEN OR DAMAGED ON PURPOSE such as your car, clothing, or books	21.0	27.1	23.9	28.5	25.3

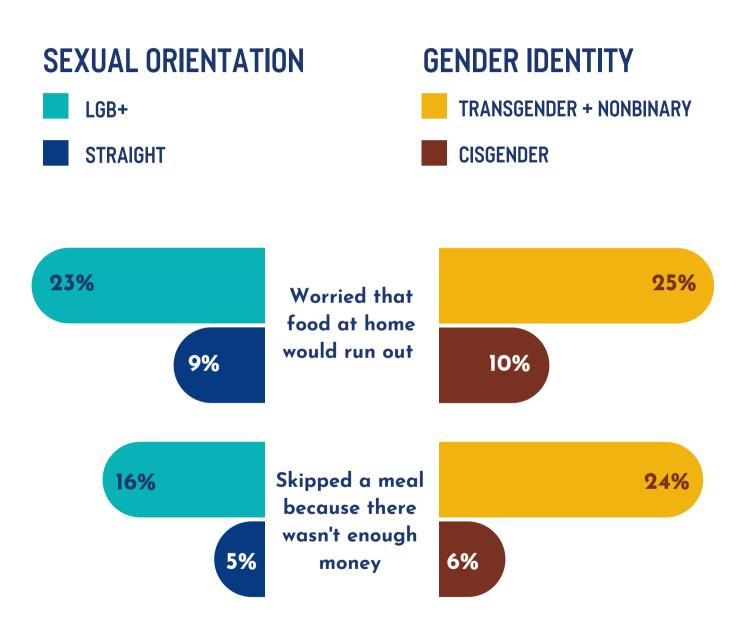
*LGB+ = lesbian or gay, bisexual, and other.

GENDER IDENTITY

BULLYING	CISGENDER	TRANSGENDER + Nonbinary	TRANSGENDER	NONBINARY	QUESTIONING or not sure
BULLIED AT SCHOOL	34.1	55.6	58.5	52.6	50.0
CYBERBULLIED Through text, social media, or gaming	29.8	43.2	35.0	51.4	50.0
HAD PROPERTY STOLEN OR DAMAGED ON PURPOSE such as your car, clothing, or books	21.5	30.1	25.0	35.1	27.3

FOOD INSECURITY AT LEAST ONCE A MONTH

Percentage of students surveyed who reported food insecurity at least once a month sorted by SOGI demographics



*LGB+ = lesbian or gay, bisexual, and other.

FOOD INSECURITY

Percentage of students surveyed who reported food insecurity at least once a month sorted by SOGI demographics

SEXUAL ORIENTATION

FOOD INSECURITY	STRAIGHT	LGB+ *	LESBIAN OR Gay	BISEXUAL	QUESTIONING or not sure
WORRIED AT LEAST ONCE A MONTH THAT FOOD AT HOME WOULD RUN OUT BEFORE FAMILY GOT MONEY TO BUY MORE	8.8	22.8	13.0	24.3	6.7
SKIPPED A MEAL AT LEAST ONCE A MONTH BECAUSE FAMILY DIDN'T HAVE ENOUGH MONEY TO BUY FOOD	5.3	15.9	17.4	14.8	10.7

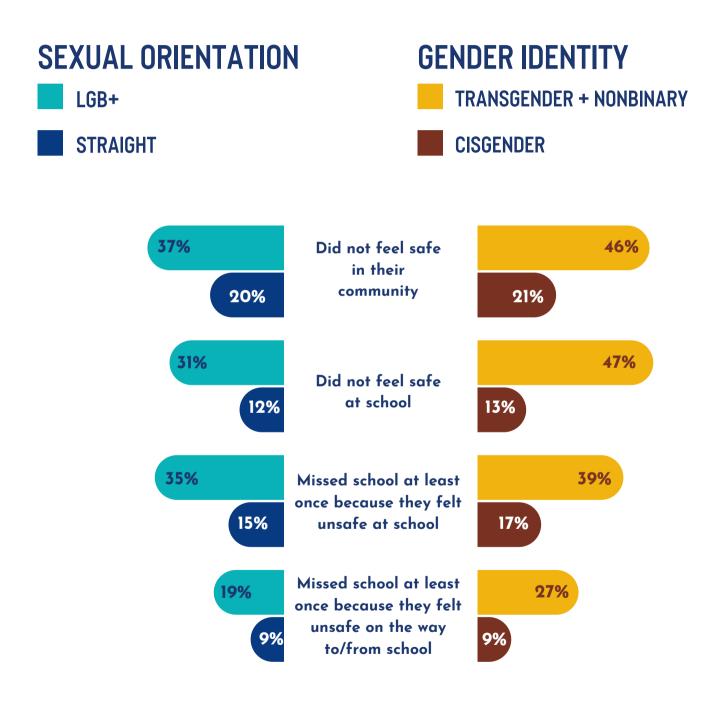
*LGB+ = lesbian or gay, bisexual, and other.

GENDER IDENTITY

FOOD INSECURITY	CISGENDER	TRANSGENDER + Nonbinary	TRANSGENDER	NONBINARY	QUESTIONING or not sure
WORRIED AT LEAST ONCE A MONTH THAT FOOD AT HOME WOULD RUN OUT BEFORE FAMILY GOT MONEY TO BUY MORE	9.6	25.3	20.0	30.6	21.2
SKIPPED A MEAL AT LEAST ONCE A MONTH BECAUSE FAMILY DIDN'T HAVE ENOUGH MONEY TO BUY FOOD	5.9	24.3	22.9	25.7	24.2

SAFETY

Percentage of students surveyed who reported they do not feel safe sorted by SOGI demographic groups



*LGB+ = lesbian or gay, bisexual, and other.

SAFETY

Percentage of students surveyed who reported they do not feel safe sorted by SOGI demographic groups

SEXUAL ORIENTATION

SAFETY	STRAIGHT	LGB+ *	LESBIAN OR Gay	BISEXUAL	QUESTIONING or not sure
DID NOT FEEL SAFE IN THEIR COMMUNITY	20.2	37.0	34.9	35.3	25.7
DID NOT FEEL SAFE AT SCHOOL	11.8	31.1	30.4	29.4	13.9
MISSED SCHOOL BECAUSE THEY FELT UNSAFE, UNCOMFORTABLE, OR NERVOUS AT SCHOOL	15.3	35.2	41.3	35.6	20.3
MISSED SCHOOL BECAUSE THEY FELT UNSAFE, UNCOMFORTABLE OR NERVOUS ON THEIR WAY TO/FROM SCHOOL	8.7	18.8	22.2	17.8	16.5

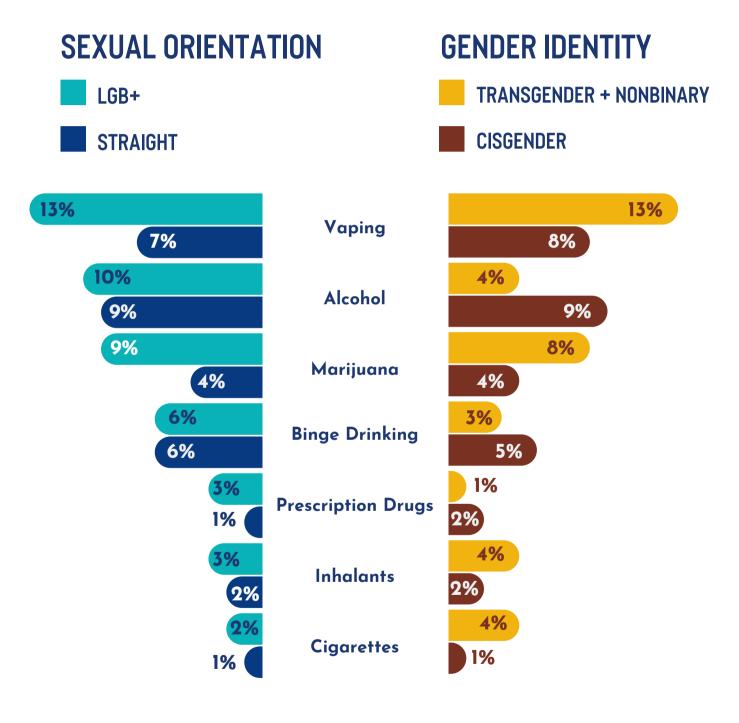
*LGB+ = lesbian or gay, bisexual, and other.

GENDER IDENTITY

SAFETY	CISGENDER	TRANSGENDER + Nonbinary	TRANSGENDER	NONBINARY	QUESTIONING or not sure
DID NOT FEEL SAFE IN THEIR COMMUNITY	21.2	45.8	48.6	42.9	46.9
DID NOT FEEL SAFE AT SCHOOL	12.8	46.9	46.3	47.4	32.4
MISSED SCHOOL BECAUSE THEY FELT UNSAFE, UNCOMFORTABLE, OR NERVOUS AT SCHOOL	16.9	39.4	36.6	42.1	35.3
MISSED SCHOOL BECAUSE THEY FELT UNSAFE, UNCOMFORTABLE OR NERVOUS ON THEIR WAY TO/FROM SCHOOL	9.3	26.8	22.0	31.6	23.5

SUBSTANCE USE DURING THE PAST 30 DAYS

Percentage of students surveyed who reported using substances at least once during the past 30 days sorted by SOGI demographic groups



*LGB+ = lesbian or gay, bisexual, and other.

SUBSTANCE USE

Percentage of students surveyed who reported using substances at least once during the past 30 days sorted by SOGI demographic groups

SEXUAL ORIENTATION

SUBSTANCE USE	STRAIGHT	LGB+ *	LESBIAN OR Gay	BISEXUAL	QUESTIONING or not sure
VAPING	7.3	13.3	13.0	15.1	3.8
ALCOHOL	9.1	9.8	8.9	10.3	10.1
MARIJUANA	4.1	8.9	4.4	10.8	3.9
BINGE DRINKING	5.6	5.7	2.9	7.5	3.0
PRESCRIPTION DRUG MISUSE	1.4	2.9	2.2	3.5	1.3
INHALANTS	1.5	3.1	4.3	2.6	0.0
CIGARETTES	1.0	2.3	2.2	2.2	0.0

*LGB+ = lesbian or gay, bisexual, and other.

GENDER IDENTITY

DEPRESSION, SUICIDAL IDEATION & Behaviors	CISGENDER	TRANSGENDER + Nonbinary	TRANSGENDER	NONBINARY	QUESTIONING Or not sure
VAPING	7.6	12.8	10.0	15.8	8.8
ALCOHOL	9.1	3.8	0.0	7.9	14.7
MARIJUANA	4.4	7.7	7.5	7.9	6.1
BINGE DRINKING	5.4	3.3	0.0	6.5	7.4
PRESCRIPTION DRUG MISUSE	1.5	1.3	0.0	2.6	3.0
INHALANTS	1.6	3.8	4.9	2.6	0.0
CIGARETTES	1.0	3.9	2.6	5.3	0.0



Like other oppressed communities, LGBTQ+ communities are disproportionately at risk for suicide and other mental health struggles due to historic and ongoing structural violence. The 988 Suicide & Crisis Lifeline has information and resources for those looking for help, and support for you or loved ones who identify within the vast, diverse, and thriving LGBTQ+ communities.



thetrevorproject.org

Students deserve a welcoming, loving world. And so do the people you care about. Visit the trevorproject.org to reach out to a counselor if you're struggling, to look for information, or to get the tools you need to help someone else.

See the results of The Trevor Project's 2024 U.S. National Survey on the Mental Health of LGBTQ+ Young here. <u>https://thetrevorproject.org/survey-</u> 2024/assets/static/TTP_2024_National_Survey.pdf

The survey provides ways we can all show support and acceptance for the young people who identify as LGBTQ+ in our lives, based on their own responses – as well as the potentially life-saving benefits of creating affirming spaces and communities.

WHAT ELSE CAN YOU DO TO HELP?

Where do you go from here? Student data helps us understand past thoughts, feelings, and behaviors. It also helps us look forward to find proactive ways to support kids.

If you are interested in additional information regarding available resources, tools, and best practices for addressing ways to cultivate a safe and supportive environment for all students, regardless of sexual orientation, gender identity or expression (SOGI), or are interested in receiving training or technical assistance, please consult the following resources.



For training opportunities for your school to enhance culturally responsive care for students who identify as LGBTQ+, contact Rebekah Helget with Greenbush Specialized Learning Services (SLS) at 620-724-6281 or visit <u>greenbush.org</u>.



Visit <u>glsen.org</u> for resources and professional learning opportunities around the topic of safe and supportive schools for all youth, regardless of sexual orientation and gender identity and expression. Locate everything from lesson plans to leadership opportunities with your GLSEN chapter.



If you are a parent looking for support, a young person looking to connect, a professional interested in learning best practices, a faith leader seeking resources, or anyone who wants the most up-to-date and accurate information about gender and youth, Gender Spectrum can help. Visit genderspectrum.org.



Looking for a <u>Mental Health and</u> <u>Advocacy Resource for LGBTQ Youth</u>? Check out this 3-minute read from GLSEN at <u>glsen.org/activity/mental-health-advocacy</u>. Are you looking for additional information about providing safe and supportive environments for all students inclusive of LGBTQ+ experiences? Check out the resources below recommended by the National Association of School Psychologists and GLSEN Kansas.



Click to view these recommended resources for educators:

- Respect for All Policy Resource
- <u>Safe Space Kit</u>



Visit the National SOGIE center at <u>sogiecenter.org</u> to locate resources on providing culturally responsive care and learn more about promoting the wellbeing of youth who identify as LGBTQ+.

NATIONAL ASSOCIATION OF School Psychologists Helping Children Thrive • In School • At Home • In Life

Allies for All. For research-based strategies supporting youth who identify as LGBTQ+, consider literature from the National Association of School Psychologists and their "Allies for All" resources at <u>nasponline.org</u>.







- Centers for Disease Control of Adolescent and School Health. (2019). <u>Terminology | Adolescent and School Health | CDC. Accessed</u> 2 December 2024.
- Chaney, L., Pelkey, L.M., Sultana, F., & Williams, A. (April 2022). Kansas Communities That Care (KCTC) Student Survey: Sexual Orientation and Gender Identity (SOGI) Item Selection. Learning Tree Institute.
- Greenbush. (2024). Kansas Communities That Care (KCTC) Student Survey [Data set]. Kansas Department for Aging and Disability Services. <u>kctcdata.org</u>.
- LTI at Greenbush. (2022). KCTC 2022 Sexual Orientation and Gender Identity Pilot Methodology. <u>kctcdata.org/file/sogi-methodology-kctc-student-</u> <u>survey-2022</u>.
- Temkin, D., Belford, J., McDaniel, T., Stratford, B., & Parris, D. (2017). Improving measurement of sexual orientation and gender identity among middle and high school students. *Child Trends*, 22, 1-64.