



KANSAS
YOUNG ADULT SURVEY
KYAS

2022 Summary Report

Survey Administration



- On behalf of the Kansas Department for Aging and Disability Services (KDADS), the Kansas Young Adult Survey (KYAS) is administered to the hard-to-reach population of young adults aged 18-25 both in college and not in college.
- The survey began in 2017 and asks about health, mental health, stress, substance use, and driving under the influence of various substances. Since 2021, the survey has been administered annually.
- This statewide survey provides valuable information needed to monitor behavior and attitudes and to plan for prevention.
- Data is located at: <https://kctcdata.org/kansas-young-adult-survey>

Methodology

- Young adults in Kansas between the ages of 18 to 25 with cell numbers were randomly recruited by text to an online survey. Those who responded to the text were directed to online consent prior to being directed to the survey.
- Subjects were informed of a \$10 Amazon or Walmart thank-you gift card to be processed via a separate link after the survey was submitted.
- Final sample size was 924. The data were weighted to be representative of Kansas adults aged 18 to 25 and is balanced to match population parameters for sex, age, education, race, Hispanic origin, and region.
- To read more about the 2022 KYAS methodology, go to:
[2022-KYAS-Methodology.pdf \(kctcdata.org\)](https://kctcdata.org/2022-KYAS-Methodology.pdf)

Health

General

Physical

Mental

Food Security

Covid 19 Vaccination



Would you say that in general, your health is:



Excellent = 12.9%

Very Good = 39.7%

Good = 35.7%

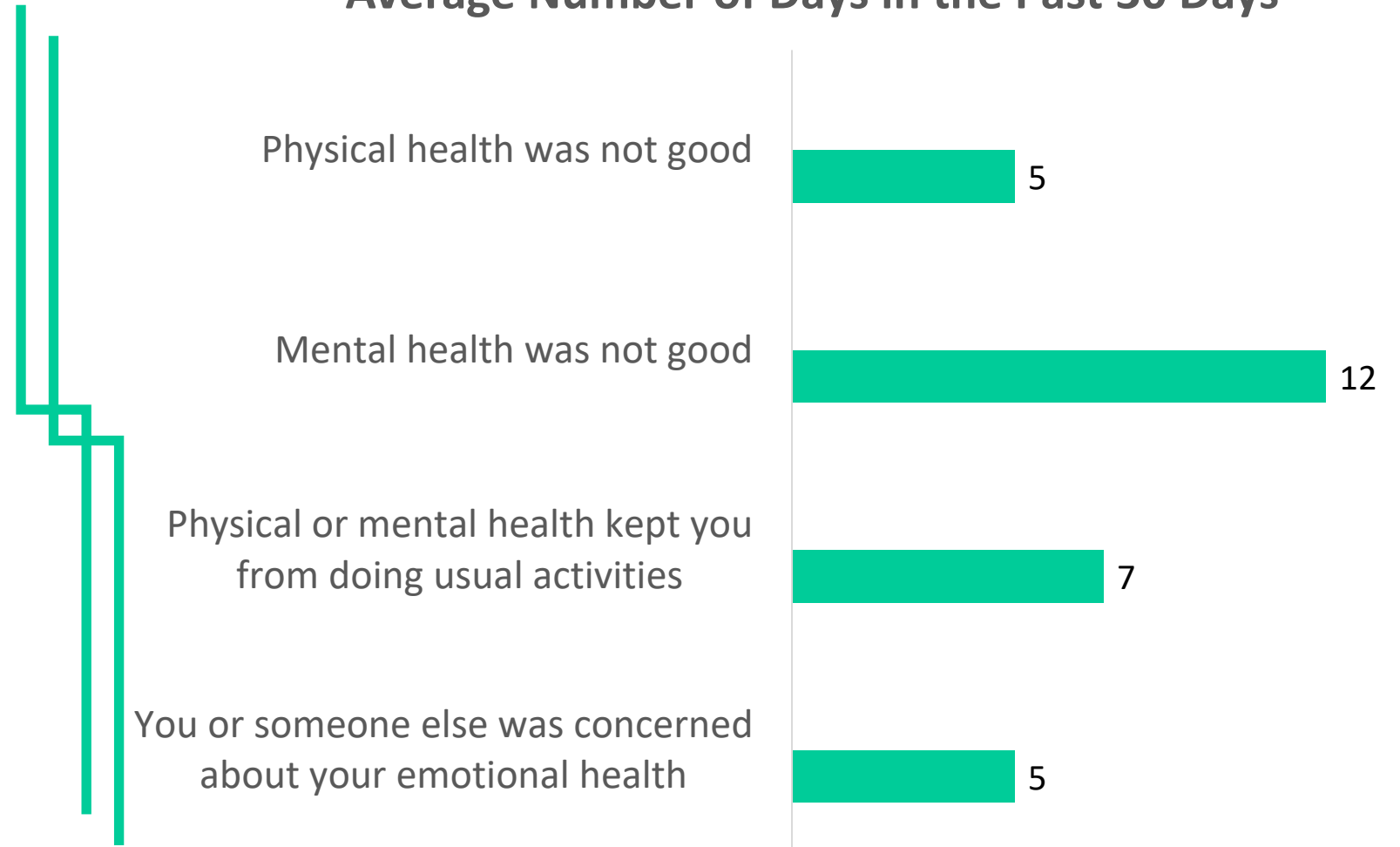
Fair = 10.2%

Poor = 1.6%

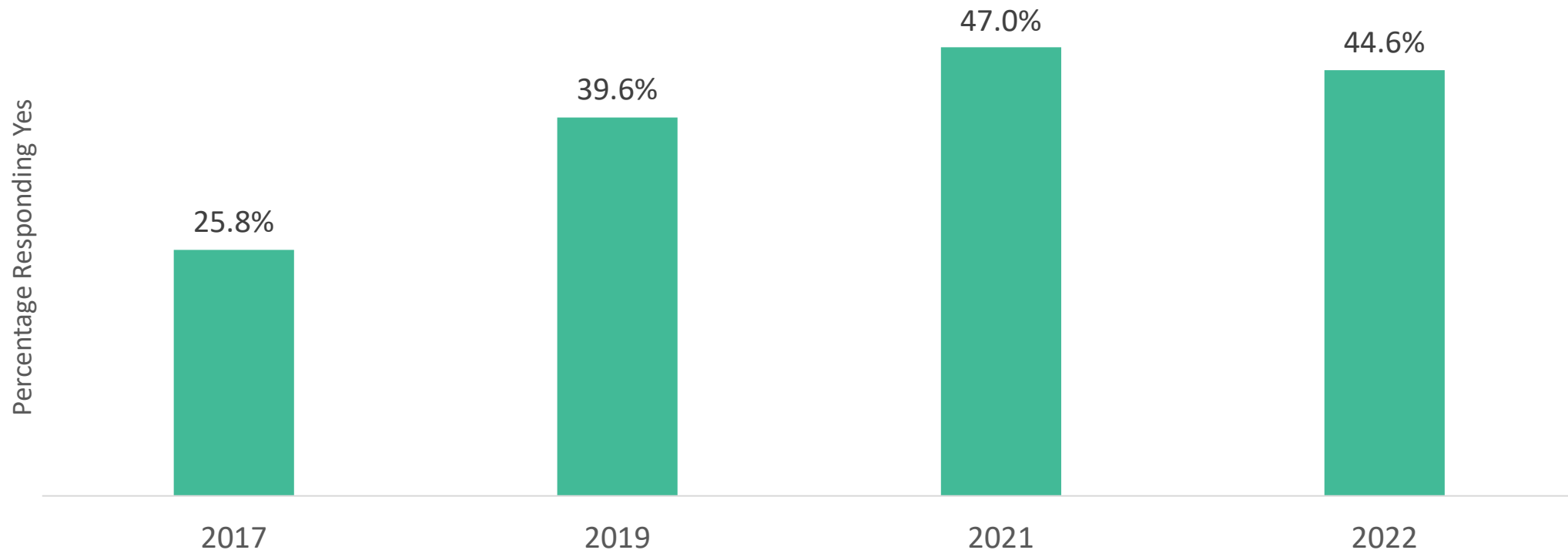
Health Indicators

Kansas young adults reported their mental health was not good on average 12 days of the past 30 and that they or someone else was concerned about their emotional health on average 5 days of the past 30.

Average Number of Days in the Past 30 Days



During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?



Sources of Stress -

Highest to
lowest

Academic/Education

Financial Concerns

Job/Career

Other/Multiple Sources

Mental Health

Family Issues

Work/School Balance

Time Management

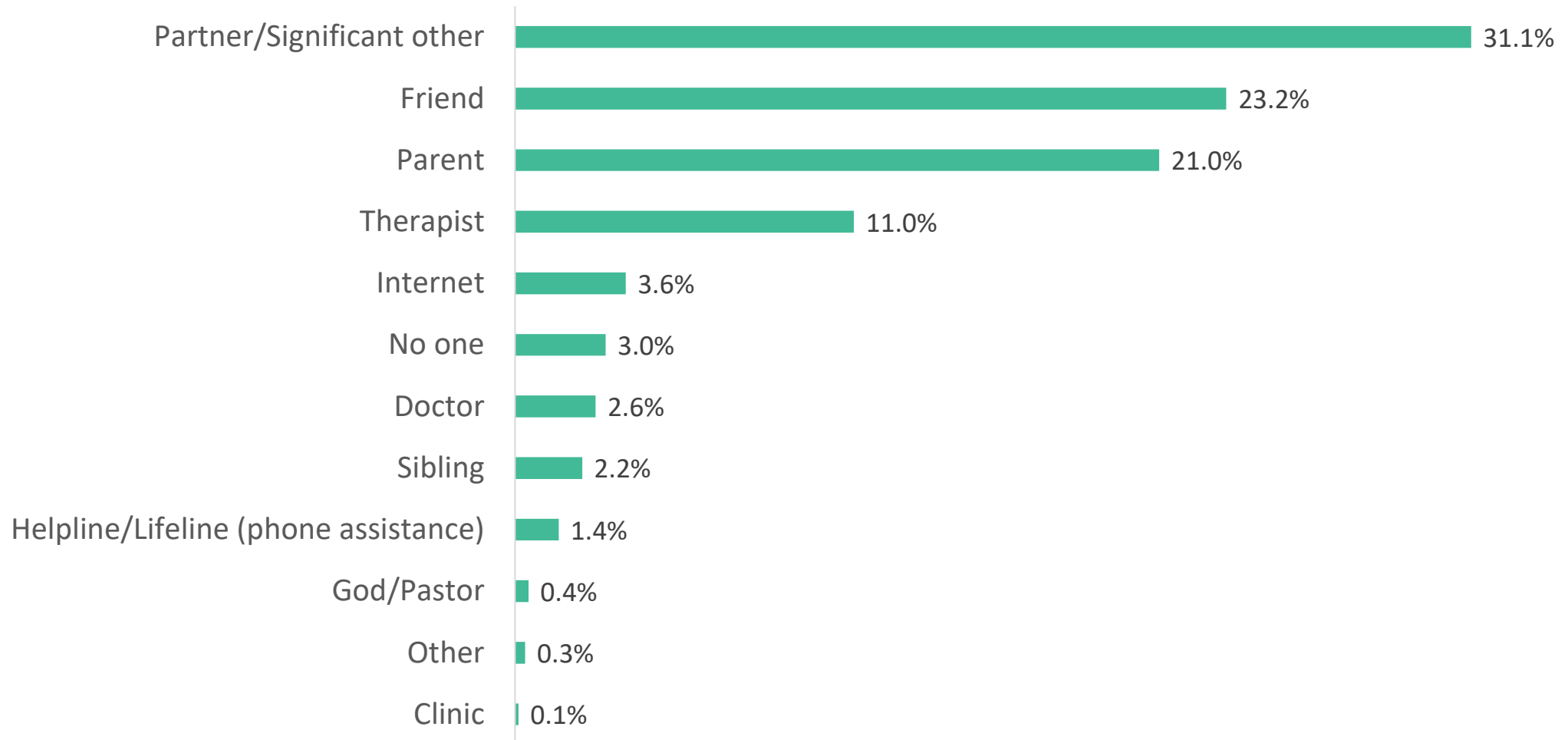
Interpersonal Relationships

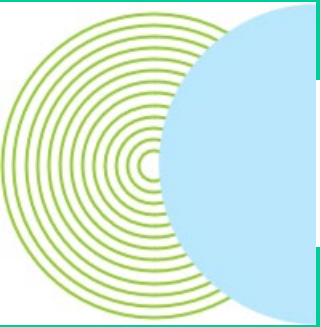
Physical Health

Uncertain Future / State of the World

COVID-Related Issues

If you had a mental health concern, where are you most likely to go for help?

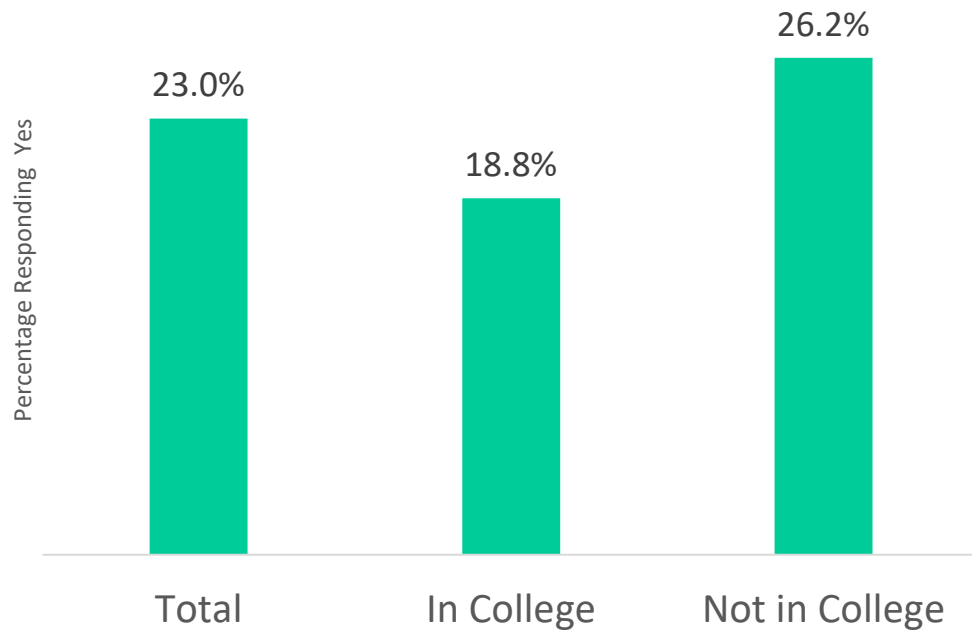




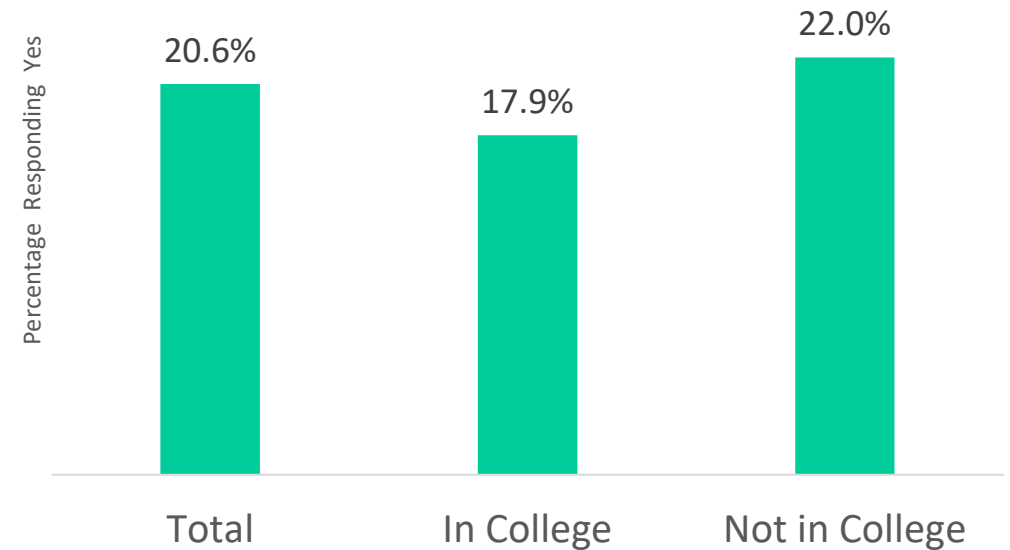
Food Security



How many times have you been worried that food at home would run out before you or your family got money to buy more?
(At least once in the past month)



How many times have you skipped a meal because you or your family did not have enough money to buy food?
(At least once in the past month)



COVID-19 Vaccination



In 2022, 74% of Kansas Young Adults surveyed reported having received the COVID-19 vaccine.

Of the 26% who had not....

9.6% said they probably or definitely *would* get the vaccine.

90.4% said they probably or definitely *would NOT* get the vaccine.

Substance Use

Past 30-day use
Tobacco cessation
Perceived risk of harm
Awareness of fentanyl
Driving under the
influence





From 2017 to 2022

ALCOHOL use has increased with the highest percentage use reported in 2022

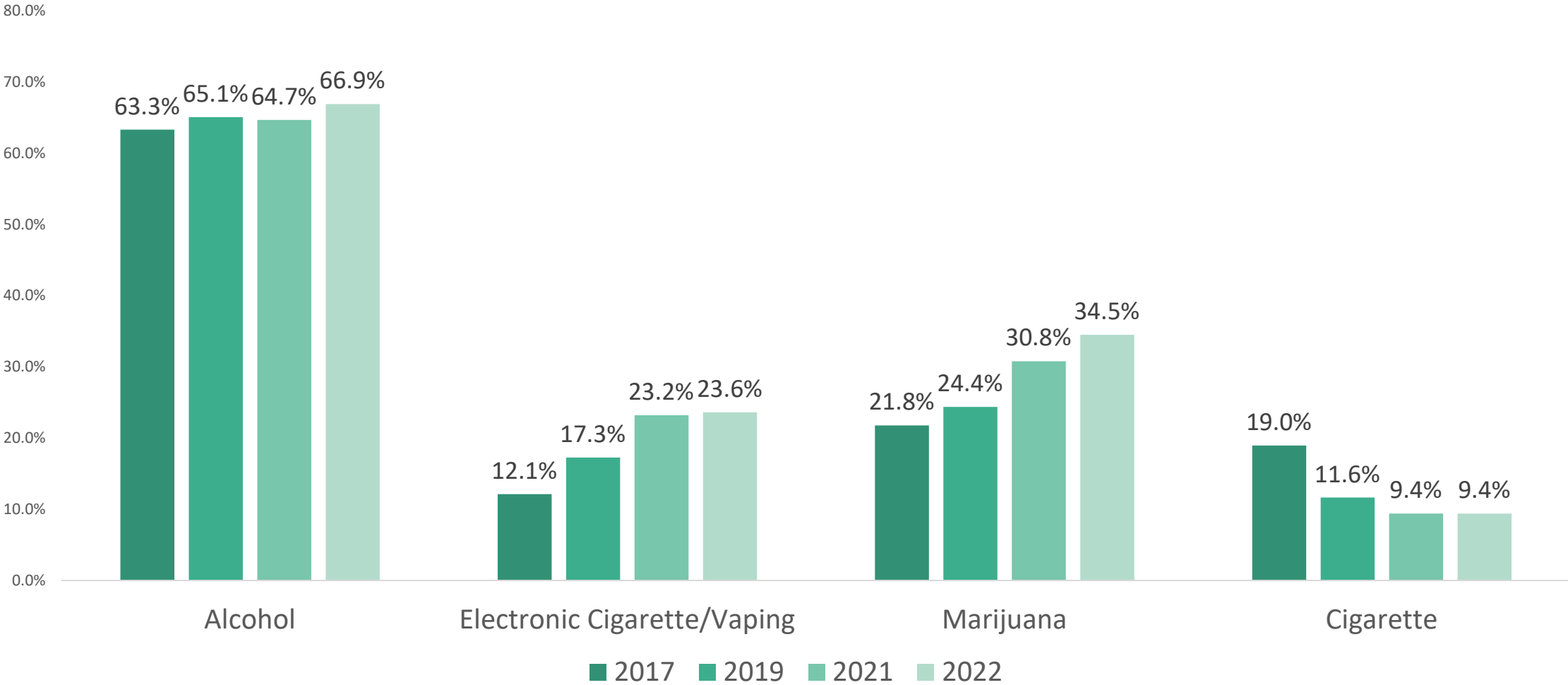
E-CIGARETTE/VAPING has increased but showed little change in 2022

Reported **MARIJUANA** use continued to increase. In 2022, over a third of Kansas young adults reported past month marijuana use.

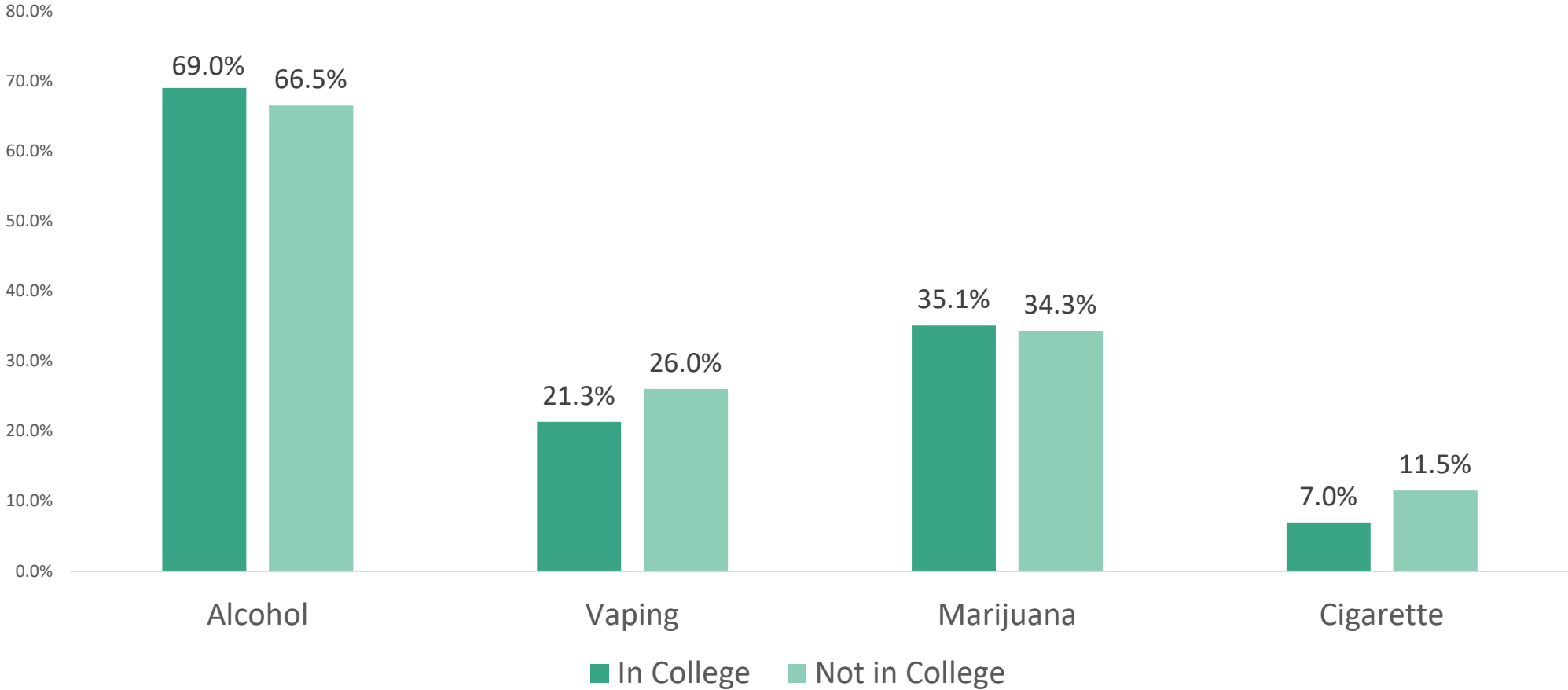
Less than 10% of young adults reported smoking **CIGARETTES**

Substance Use

– Percentage Reporting Any Use in the Past 30 Days



2022 Substance Use by Young Adults in College Compared to those Not in College



Intention to Stop Using Tobacco

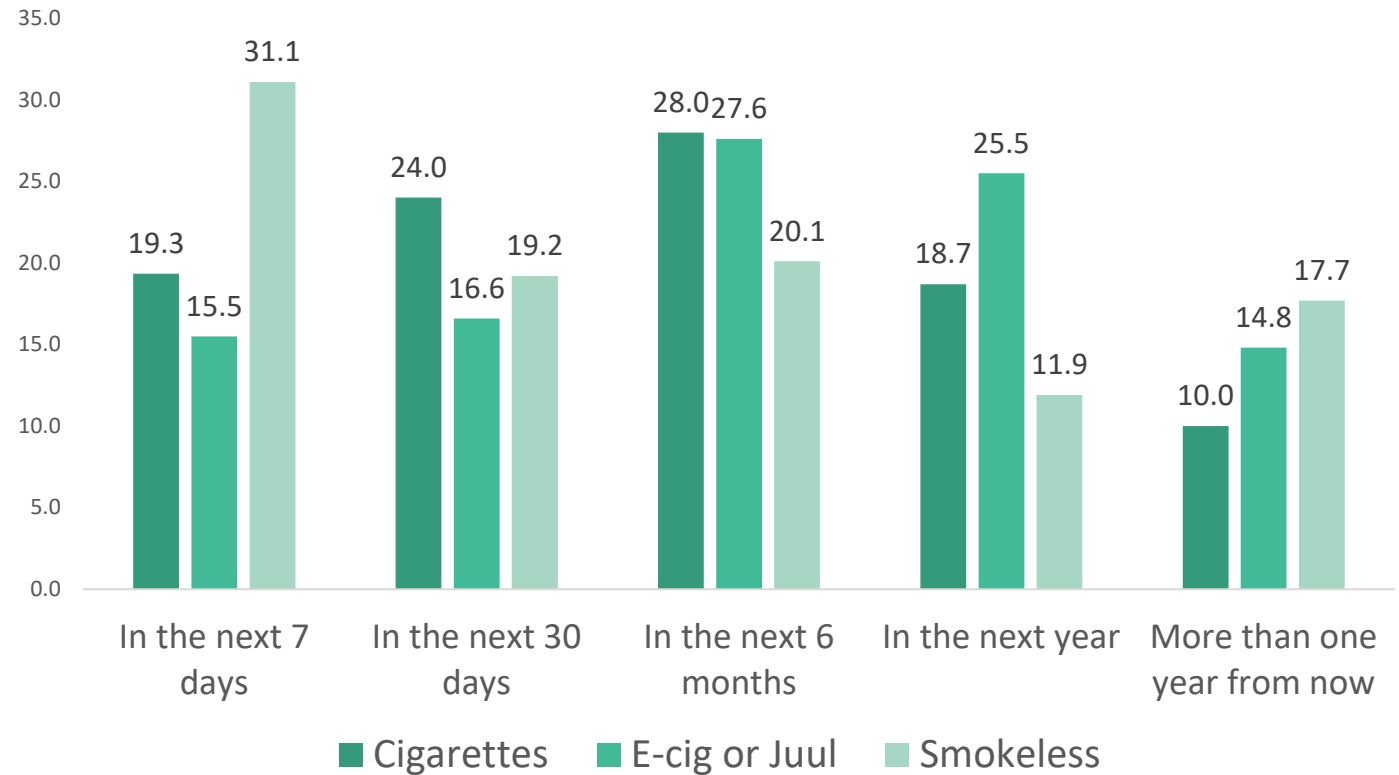
Of those who used tobacco products, the percentage that said they plan to stop for good:

Cigarettes = 53.6%

E-Cigarettes or Juul = 63.7%

Smokeless Tobacco = 49.9%

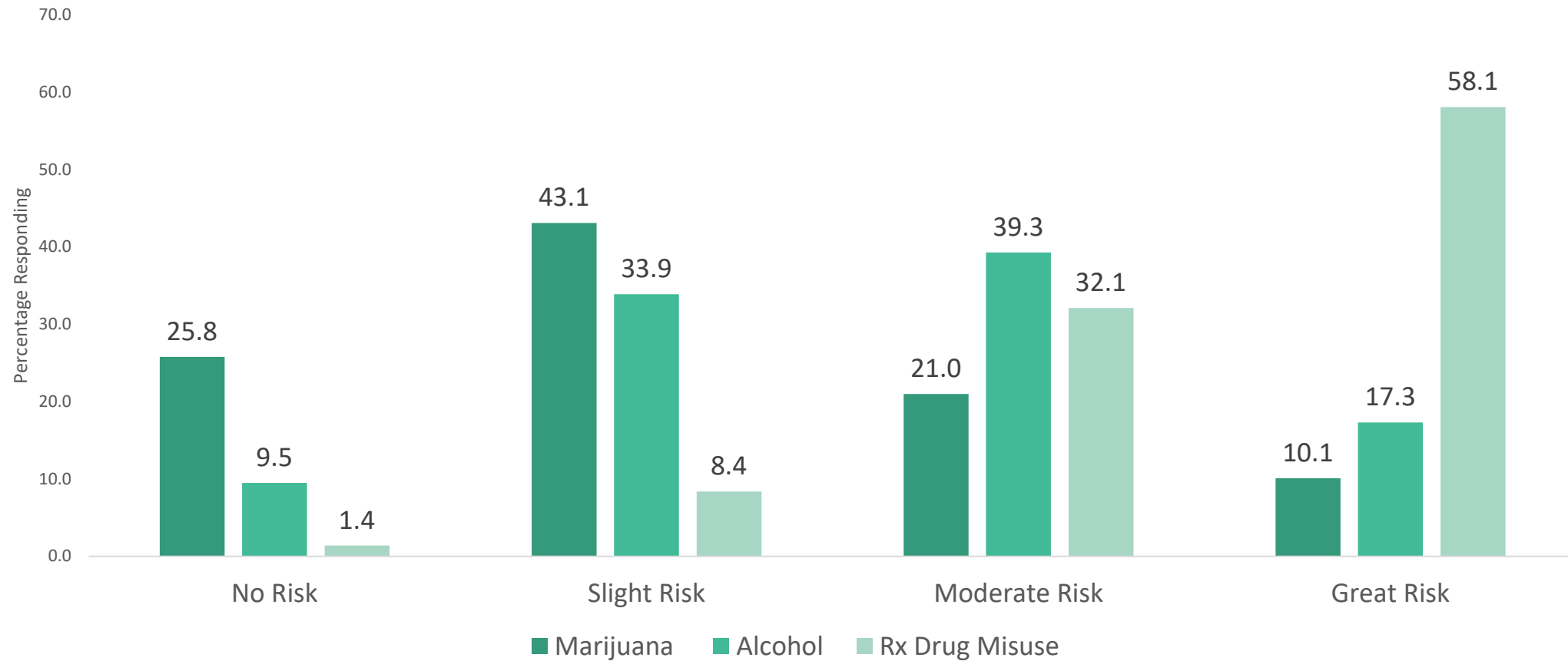
When do you plan to stop using tobacco products?



Of alcohol, marijuana, and prescription drug (Rx) misuse, young adults perceive the *greatest risk of harm* from *Rx drug misuse* and the *least risk* from *marijuana* use.



Perceived Risk of Harm from Regular Use



New in 2022

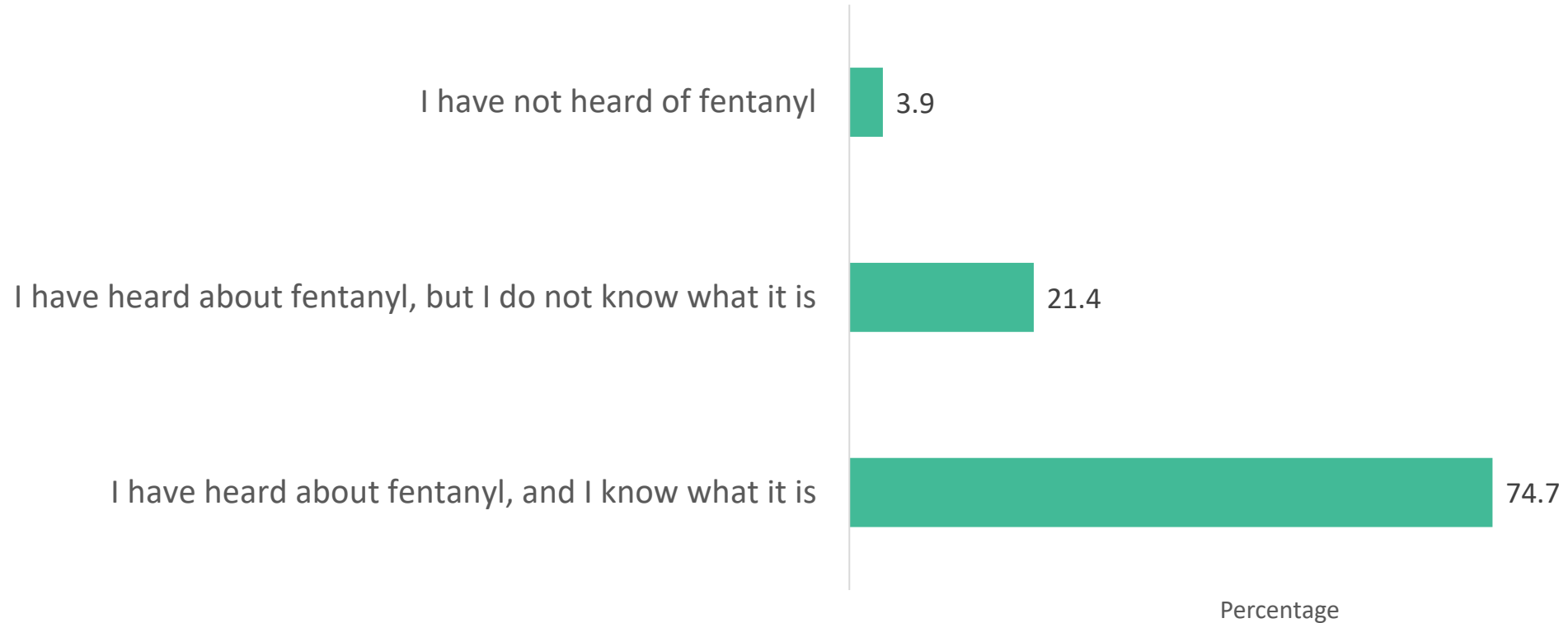
Fentanyl Awareness

1) How much have you heard about fentanyl?

2) How much do you think people risk harming themselves from intentional or accidental use of fentanyl?

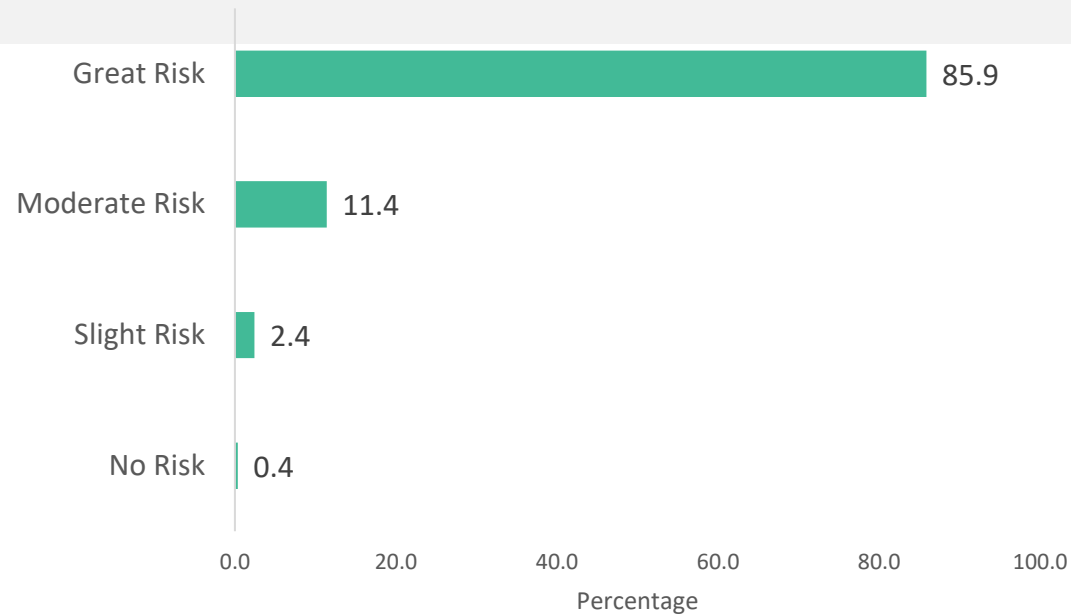
3) Do you know someone who has taken fentanyl not prescribed to them, knowingly or by accident?

How much have you heard about fentanyl?

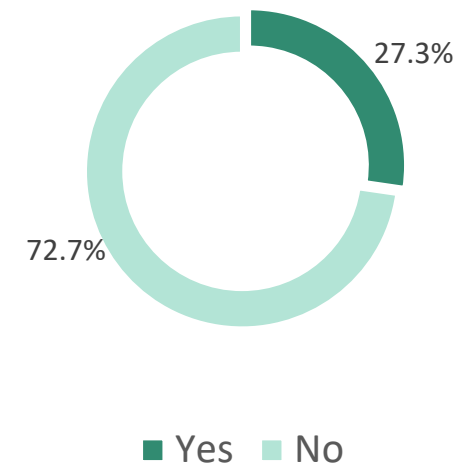


For those that said they have heard about fentanyl and know what it is:

How much do you think people risk harming themselves, physically or in other ways if they take fentanyl accidentally or on purpose?



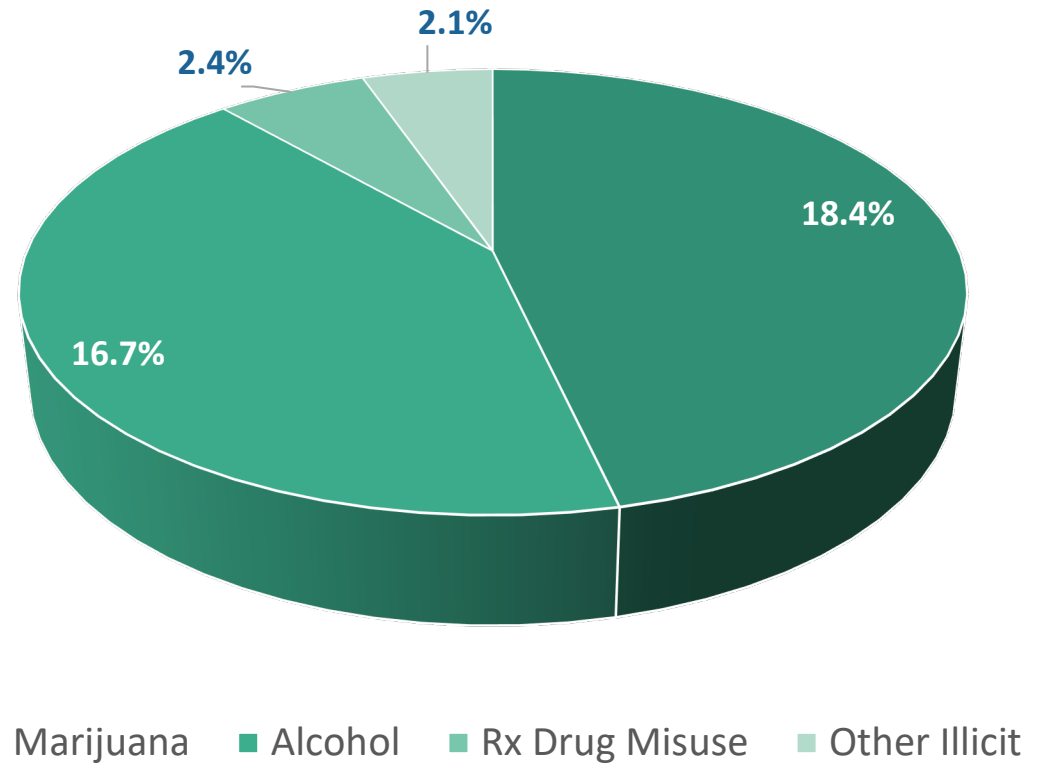
Do you know someone who has taken fentanyl not prescribed to them, knowingly or by accident?





Driving Under the Influence

Percentage Driving Under the Influence



Demographics

Race/Ethnicity

Sex

Gender Identity

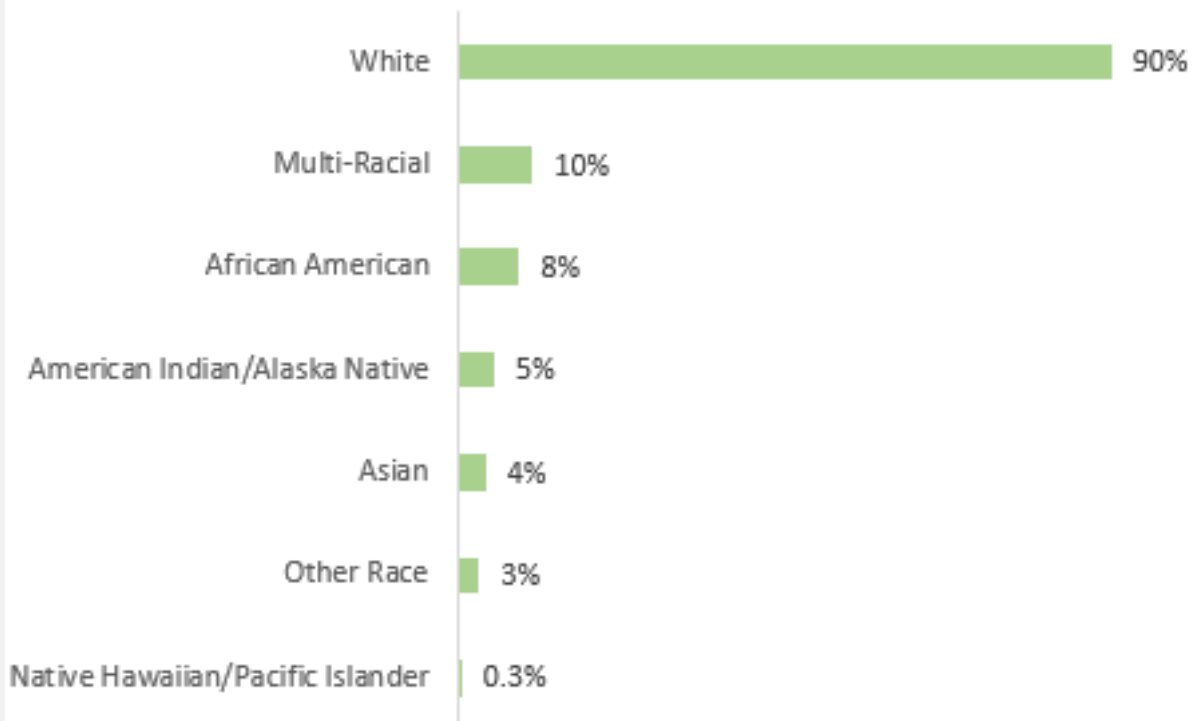
Sexual Orientation

Education & Employment

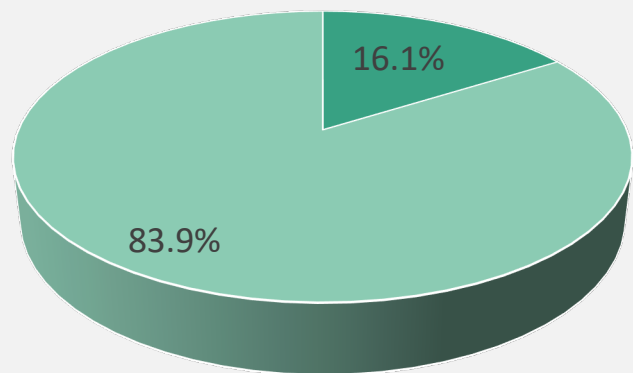
Parent/Guardianship

Military Status





Race & Ethnicity



■ Hispanic ■ Not Hispanic

What is your sex?

Female	53.1%
Male	46.9%

What is your gender?

Woman	44.7%
Man	46.5%
Nonbinary/Genderqueer	6.2%
Questioning/Not sure	1.0%
Prefer not to answer	.7%
Not listed	1.0%

Do you identify as Transgender?

I do not identify as transgender	91.9%
Yes, I identify as transgender	4.9%
I am not sure if I am transgender	2.6%
I don't know what this is asking	.6%



Gender Identity



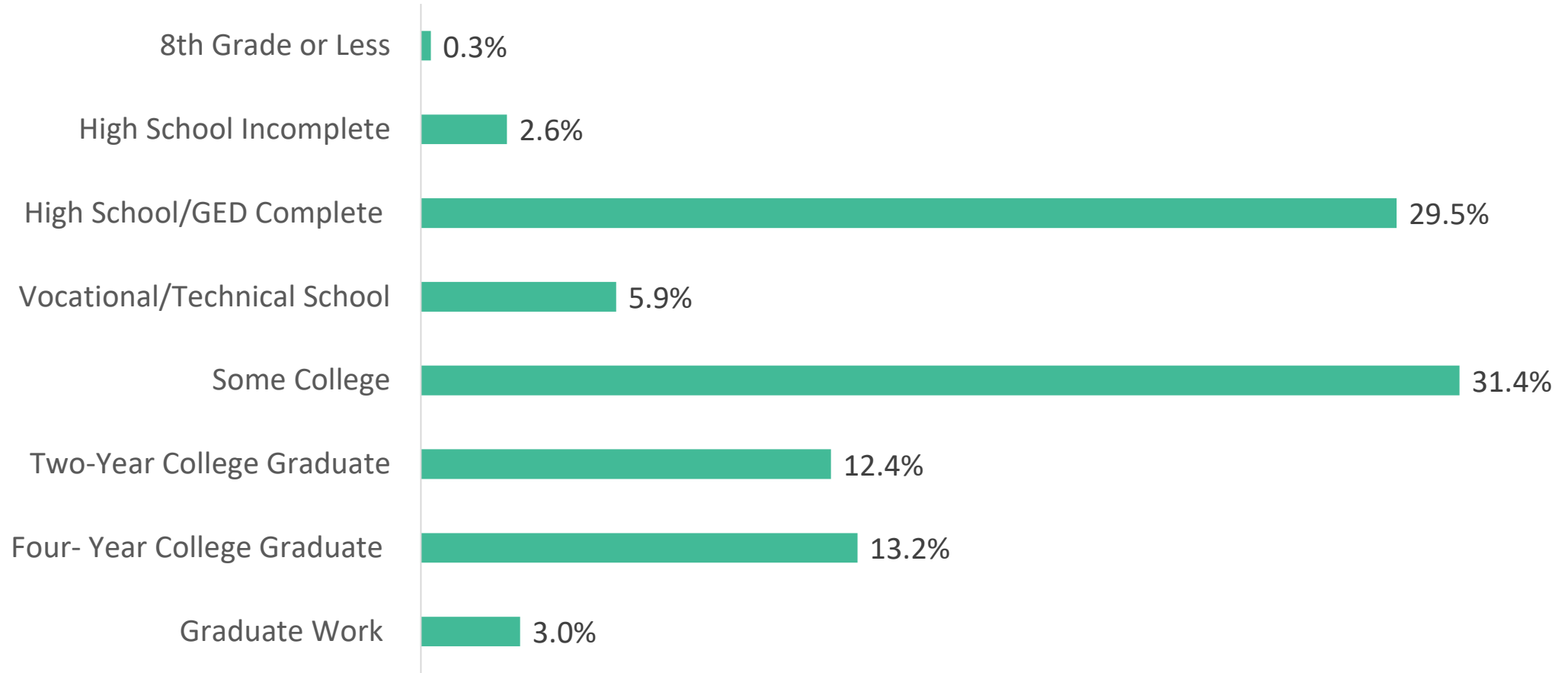


Sexual Orientation

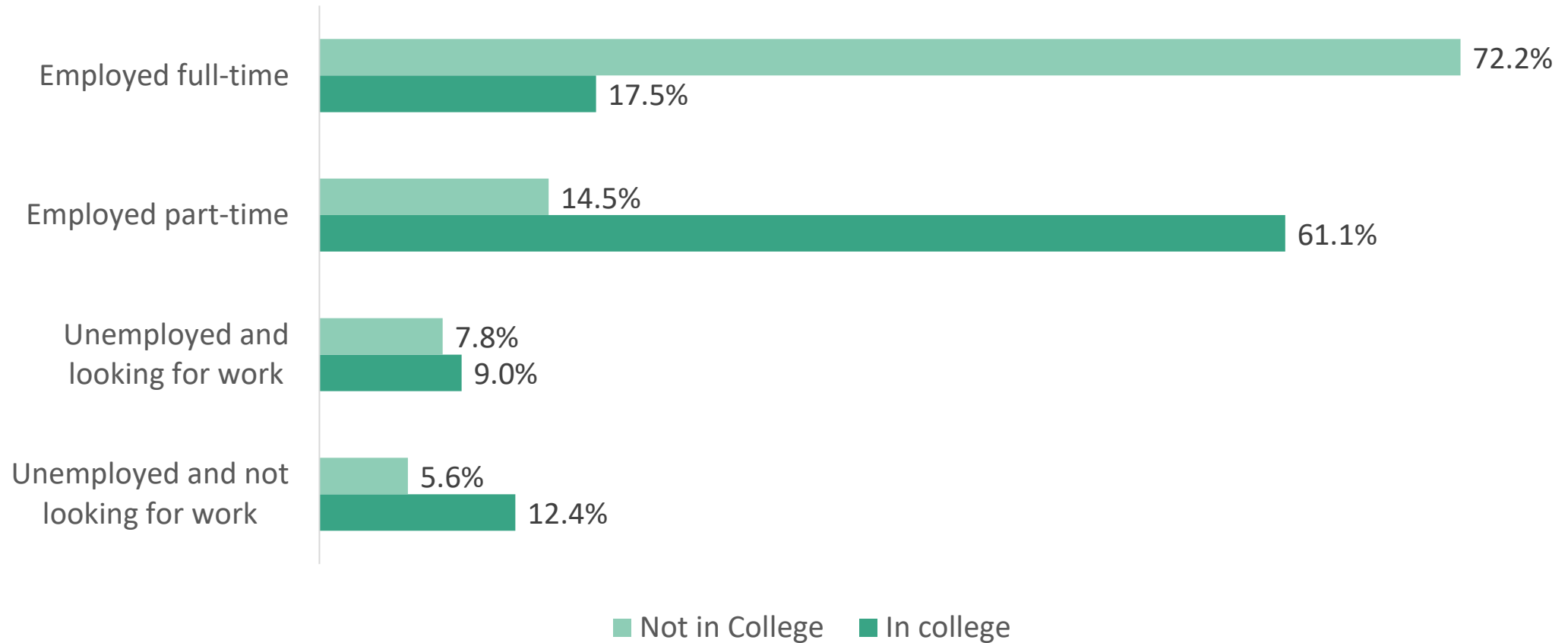
Sexual Orientation

Straight/Heterosexual	64.5%
Bisexual/Pansexual	22.6%
Gay/Lesbian	5.7%
Asexual	2.1%
Questioning/Not sure	2.8%
Prefer not to answer	0.6%
Other not listed	1.6%

Education



Employment Status



Ten percent (10%) of the Kansas young adults surveyed are a parent, legal guardian, or caretaker of a child(ren) under age 18.

Two percent (3%) serve or have served in a branch of the U.S. military.





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RESEARCH, GRANTS & EVALUATIONS

Contact Us!

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