



PROTECTIVE FACTORS

School Protective Factors

Opportunities for Positive Involvement - When young people are given more opportunities to participate meaningfully in important activities at school, they are less likely to engage in drug use and other problem behaviors.

- At my school, students have opportunities to help decide things like class activities and rules.
- At my school there are opportunities for students to talk with a teacher one-on-one.
- At my school teachers ask me to work on special classroom projects.
- At my school I have opportunities to be part of class discussions or activities.
- At my school there are opportunities for students get involved in school activities and other activities outside of class.

Rewards for Conventional Involvement (Recognition) - When young people are recognized and rewarded for their contributions at school, they are less likely to be involved in substance use and other problem behaviors.

- At my school, teachers notice when I am doing a good job and let me know about it.
- At my school, the school lets the adults I live with know when I have done something well.
- At my school, I feel safe.
- At my school, my teachers praise me when I work hard.

Peer Individual Protective Factors

Healthy Beliefs and Clear Standards (Belief in the Moral Order) - Young people who have a belief in what is "right" or "wrong" are less likely to use drugs.

- I think it is okay to take something without asking if you can get away with it.
- At my school, I think sometimes it is okay to cheat.
- It is all right to beat up people if they start the fight.
- It is important to be honest with your parents, even if they become upset or you get punished.

Community Protective Factors

Rewards for Conventional Involvement (Recognition) - Rewards for positive participation in activities helps children bond to the community, thus lowering their risk for substance use.

- My neighbors notice when I am doing a good job and let me know about it.
- There are people in my neighborhood, or the area around where I live, who encourage me to do my best.
- There are people in my neighborhood, or the area around where I live, who are proud of me when I do something well.

Family Protective Factors

Family Attachment (Influences Bonding) - Young people who feel that they are a valued part of their family are less likely to engage in substance use and other problem behaviors.

- Do you share your thoughts and feelings with your mother?
- Do you share your thoughts and feelings with your father?
- I feel close to the adults I live with.

Opportunities for Positive Involvement - Young people who are exposed to more opportunities to participate meaningfully in the responsibilities and activities of the family are less likely to engage in drug use and other problem behaviors.

- The adults I live with give me opportunities to do fun things with them.
- The adults I live with ask me what I think before most family decisions affecting me are made.
- If I had a personal problem, I could ask the adults I live with for help.

Rewards for Conventional Involvement (Recognition) - When parents, siblings, and other family members praise, encourage, and attend to things done well by their child, children are less likely to engage in substance use and problem behaviors.

- My parents notice when I am doing a good job and let me know about it.
- How often do the adults you live with tell you they are proud of you for something you've done?
- Do you enjoy spending time with the adults you live with?

For More Information

To learn more, review the [KCTC Student Survey Overview and FAQ](#). If you have questions about the survey, visit www.kctcdata.org, contact the KCTC Team at Greenbush at kctc@greenbush.org or call 620-724-6281 ext. 366

