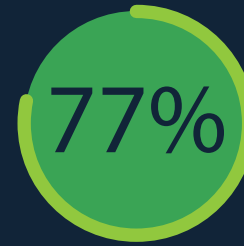


What's Happening in Kansas?

More than 90% of kids surveyed in 2021 reported their parents notice when they are doing a good job and tell them about it, while 77% of teachers and 25% of neighbors notice.



Parents



Teachers



Neighbors

What Can You Do?

By simply being aware when children are doing a good job and providing specific feedback, adults can impact a child's behavioral health in a positive way. Try using the phrases below to tell kids they are doing a good job.

- That shows dedication
- That was a brave decision
- You really demonstrated good sportsmanship tonight
- What a responsible choice
- You set a good example for others to follow
- That was very thoughtful
- We couldn't have done it without you

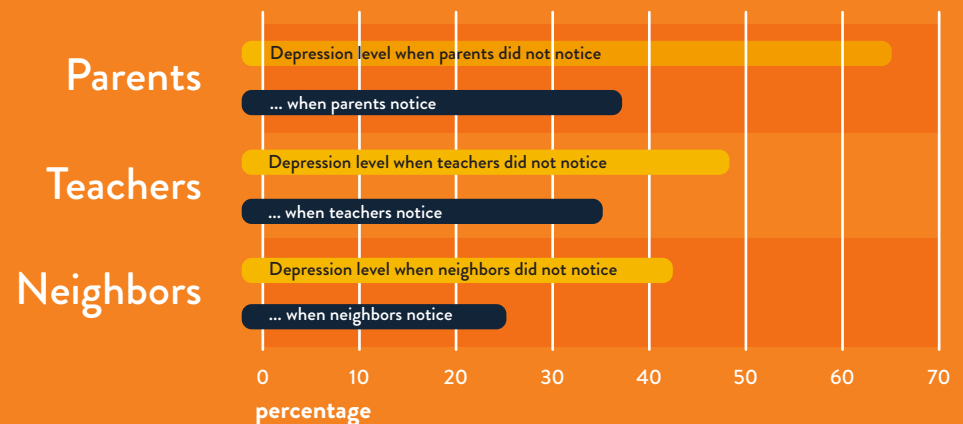


Learn more at developingchild.harvard.edu

National Scientific Council on the Developing Child (2015). *Supportive Relationships and Active Skill-Building Strengthen the Foundations of Resilience: Working Paper No. 13*. Retrieved from www.developingchild.harvard.edu.

Why Does This Matter?

According to the Center on the Developing Child at Harvard University, "the single most common factor for children who develop resilience is at least one stable and committed relationship with a supportive parent, caregiver, or other adult." Feedback from parents is key to healthy relationships. Kids also benefit when others around them recognize when they are doing a good job. Students surveyed in 2021 indicated lower levels of depression when school, family, and community members notice they are doing a good job.



Visit KCTCdata.org to learn more.

*The Kansas Communities That Care (KCTC) Student Survey is administered annually to 6th, 8th, 10th, and 12th graders across the state. | *Schools may participate at no cost. | *The survey is supported by the Kansas Department of Aging and Disability Services Behavioral Health Services.