Kids who are depressed struggle with learning, relationships, and more frequently report they have seriously thought about killing themselves, made a plan about how to kill themselves, or attempted suicide.

If you or someone you love is in crisis, call or chat online with the National Suicide Prevention Lifeline at 1-800-273-8255.

What’s Happening in Kansas?
Depression and suicide among adolescents is a serious public health issue and concern for parents, educators, and communities.

Trends in the percentage of Kansas kids surveyed who reported having feelings related to depression and suicide within the past year

- Experienced feelings of depression
- Seriously thought about killing themselves
- Made a plan about how to kill themselves
- Tried to kill themselves

Why does this matter?
Kids who are depressed struggle with learning, relationships, and more frequently report they have seriously thought about killing themselves, made a plan about how to kill themselves, or attempted suicide.

What can you do?
If you or someone you love is in crisis, call or chat online with the National Suicide Prevention Lifeline at 1-800-273-8255.

Percentage of Kansas kids surveyed who reported feelings of depression.
Over the past several years, students reporting depression has been steadily increasing with an average percentage point increase from year-to-year of 2.5.
The increase from 2020 to 2021 was 5 percentage points.