Bullying can threaten students’ physical and emotional safety at school and can negatively impact their ability to learn. Kids who report being bullied also report experiencing depression and engaging in alcohol use at higher levels than students who have never been bullied. Kids who were bullied at least once a week reported feelings of depression nearly twice as much as kids who reported they had never been bullied. Being bullied once or twice a month also resulted in higher levels of depression.

**Bullying Trends**

Since 2008, the percentage of students surveyed who reported being bullied has trended downward. However, in 2021, the percentage of students surveyed who reported being cyberbullied increased by 10 percentage points.

**What’s Happening in Kansas?**
Survey data collected from nearly 71,000 Kansas kids in 2021 indicated that during the past year:

- 1 in 3 kids reported being bullied
- 1 in 4 kids reported being bullied electronically (texting, social media, gaming, messaging apps)
- 1 in 5 kids reported being bullied at school

**Bullying and Depression**

Percentage of students surveyed who reported feelings of depression based on how often they were bullied:

- **Bullied weekly**: 63%
- **Bullied sometimes** (1 or 2 times a month): 53%
- **Never bullied**: 33%

Trends in percentage of students surveyed who reported they have been bullied in the past year:

- Bullied at school
- Had property stolen or damaged on purpose
- Cyberbullied

**What can we do?**

The best way to address bullying is to stop it before it starts. Check out these resources for ideas about what you can do to prevent bullying.

Visit KCTCdata.org to see what kids in your community are saying.

*The Kansas Communities That Care (KCTC) Student Survey is administered annually to 6th, 8th, 10th, and 12th graders across the state. | *Schools may participate at no cost. | *The survey is supported by the Kansas Department of Aging and Disability Services Behavioral Health Services.